

**COMMUNITY BASED (OUTREACH) PROGRAMS AND SERVICES**



802 W. Colton Ave Suite D  
Redlands CA, 92373

<p align="center"><b>Maternity Tours</b> Wednesday 6:00-7:00pm</p> <p><b><u>WEDNESDAY</u></b> October 11 November 15 December 6</p>	<p align="center"><b>Childbirth Preparation Class – Series of Three - 3 hour classes</b> Includes Mother-Baby Units Orientation Tour Cost: \$100.00 6:00pm –9:00pm</p> <p><b><u>MONDAY</u></b> October 2, 9, and 23rd November 6, 13, and 27th December 4, 11, and 18th</p>
<p><b>Childbirth Preparation (Accelerated Class)</b> Cost: \$100.00 Hours: 9:00am-5:00pm (one-day)</p> <p><b><u>Saturday</u></b> October 28 November 25 December 16</p>	
<p><b>Breastfeeding Basics (prior to delivery)</b> Cost: \$25.00 Hours: 10:00am-12:00pm</p> <p><b><u>Saturday</u></b> October 7 November 11 December 9</p>	<p align="center"><b>Childbirth Refresher</b> Cost: \$35.00 /Hours: 6:00- 9:00pm</p> <p align="center">Attend the second class from Childbirth Preparation Course.</p> <p align="center">October 9<sup>th</sup>, November 13<sup>th</sup>, and December 11<sup>th</sup></p>
<p><b>For all the Childbirth classes, Please bring the Following: Two pillows and a small blanket for breathing and Relaxation Exercises * Please No Children at Classes and Tours *</b></p>	

Classes are held at Redlands Community Hospital at 350 Terracina Blvd. Redlands CA, 92373, in the Weisser Building.

To register for classes, you can **Pay and Register over the Phone** by calling our Perinatal Services Department at 909-793-6330, or Mail your registration form with payment to PO BOX 3391 Redlands, CA 92374

- Make checks Payable to RCH -

*For Medi-cal and IEHP patients, please call our office to see if your classes can be covered under our Pregnancy Education program (CPSP).*

Last Name:		First Name:		Telephone # (    )	
Mailing Address:			City:		Zip Code:
Estimated delivery date		Date of Birth		OB/GYN's Provider's Name:	
Are you delivering at Redlands Community Hospital?				If not, where?	
Select the class(es) you want – place a √				Desired Dates	
				Cost	
<input type="checkbox"/> Mother-Baby Units orientation Tour				No Charge.	
<input type="checkbox"/> Childbirth Preparation Classes includes Tour				\$100.00	
<input type="checkbox"/> Childbirth Refresher				\$35.00	
<input type="checkbox"/> Childbirth Preparation (Weekend Class)				\$100.00	
<input type="checkbox"/> Breastfeeding Basics				\$25.00	